

**2019 FALCON TENNIS COACHING Spring Term** April to end-June MON + WED + FRI

Club Head Coach ALEJANDRO CARMONA (ITF Level 3/LTA Level 4)

and Senior Club Coach MARCIN TYCNER (LTA Level 4) <https://clubspark.lta.org.uk/VamosEdinburgh/TheTeam>

Wednesdays + Fridays = 10 weeks start 24+26 April

Mondays = 9 weeks start 29 April (because 22<sup>nd</sup> April is Easter Monday/a public holiday)

Coaching goes ahead even in the event of rain. If exceptionally bad weather makes the courts unsafe or unplayable, the coach will occupy the students where possible with safe fitness games and activities off-court. Alternatively, catch-up sessions may be offered, though on a different day.

**JUNIOR COACHING**

		<b>Starts</b>	<b>Price £</b>
x. MON. age 5-7: Spring 2019 – FB&TC	P.1-3	3.45	£21
x. MON. age 8-11: Spring 2019 – FB&TC	P.4-7	4.15	£34.20
x. MON. age 12-16: Spring 2019 – FB&TC	S.1-4	5.05	£36
x. WEDS. age 5-7: Spring 2019 – FB&TC	P.1-3	3.45	£24
x. WEDS. age 8-11: Spring 2019 – FB&TC	P.4-7	4.15	£38
x. WEDS. age 12-16: Spring 2019 – FB&TC	S.1-4	5.05	£40
x. FRI. age 5-6: Spring 2019 – FB&TC	P.1-2	3:15	£24
x. FRI. age 6-7: Spring 2019 – FB&TC	P. 3	3:45	£24
x. FRI. age 8-11: Spring 2019 – FB&TC	P.4-7	4.15	£38
x. FRI. age 12-16: Spring 2019 – FB&TC	S.1-4	5.05	£40

**Autumn Junior classes** will be opened for booking in April/May. Member parents will receive a warning email beforehand.

**Which class?** – **Example:** If your child is, say, 7 now (P.3) but will turn 8 over the summer and move into P.4 in August, then you should book them into an Age 5-7 class now, but book an Age 8-11 class from August. The same applies to age 11s who should move up in tennis when they move up to the Senior School in August.

**ADULT TENNIS COACHING Spring Term**

£75 per 10 x 1-hour lessons (Mondays £67.50 per 9 x 1-hr lessons) Maximum class size: 12

**Levels** relate to the Falcon Club spread of tennis ability, rather than to any international yardstick! If it becomes clear that you have chosen the wrong level of class, you may move to a more appropriate class as long as there is space.

**z. MON. - ADULTS . 6pm: Spring 2019 - FB&TC**

9 x 1-hour lessons 6-7pm 9 weeks - start 29 Apr

Level: welcomes a variety of tennis levels, alternating whole-class and small-group exercises as appropriate.

**z. WEDS - ADULTS . 2.30: Spring 2019 - FB&TC**

10 x 1-hour lessons 2.30-3.30pm 10 weeks - start 24 Apr

Level: mixed; Intermediate to Adv.-Intermediate Club players

**z. WEDS - ADULTS . 6pm: Spring 2019 - FB&TC**

10 x 1-hour lessons 6-7pm 10 weeks - start 24 Apr

Level: 'Rusty Rackets' and Adult Beginners + Improvers  
Good for NEW Members who may not have played in a while.

**z. WEDS - ADULTS . 7pm: Spring 2019 - FB&TC**

10 x 1-hour lessons 7-8pm 10 weeks - start 24 Apr

Level: Advanced to Intermediate+ Club players - regular players  
and those moving up from a year of Intermediate coaching.

**zz. FRI. - ADULTS . 6pm: Spring 2019 - FB&TC**

10 x 1-hour lessons 6-7pm 10 weeks - start 26 Apr

Level: Kick-start your weekend together with a mix of Intermediate to Advanced level Club players - a relaxed but active class combining technique and fitness.

**Autumn Adult classes** will be opened for booking in April/May. Members will receive a warning email beforehand.